

CONCEPT CHECK

- It is suggested that perhaps 50% of neurocognitive disorders could be prevented. What are some specific examples of each of the following areas of prevention?
 - Cognitive challenges
 - Social relations
 - Exercise
 - Lifestyle
- Describe the concept of reserve. What role does it play in protecting individuals from neurocognitive disorders?
- What are some strategies used to help an individual with a neurocognitive disorder recover cognitive functionality or compensate for cognitive losses?
- Medications can't cure neurocognitive disorders, but what are some of the ways they can be useful in treating some of them?